



MINISTÈRE
DE L'ENSEIGNEMENT
SUPÉRIEUR,
DE LA RECHERCHE
ET DE L'INNOVATION

*Liberté
Égalité
Fraternité*

Are you a **student** feeling the need for **psychological support?**

→ **santepsy.etudiant.gouv.fr**

During the health crisis,
**the State will cover the cost
of therapy sessions** with no
up-front cost to you.

If you find yourself feeling
depressed or anxious, please
do not hesitate to consult your
establishment's **healthcare service**
or your **GP** (being sure to present
your student card or an equivalent
document). They will be able
to direct you to a psychological
support service.

You can **choose your psychologist**
from the list of professionals
accessible on the platform
santepsy.etudiant.gouv.fr
and book an appointment
with them directly.



The sessions, which can total up
to **three 45-minute meetings**, are
completely free of charge.

Where necessary, your doctor
can renew this course of therapy.

Medical confidentiality is
guaranteed, regardless of the type
of treatment sought. Only the
health service of your establishment
is informed about your health care
treatment.

This healthcare option does not replace
already existing provisions; it is an additional
option and students are free to choose
whether or not they use it.